

## PLYMOUTH EAST ROMAN CATHOLIC PARISHES

Part of the Plymouth Diocesan Trust (Registered Charity No.213227)

<b>Our Lady of Lourdes</b> 17 Vicarage Road Plympton Plymouth PL7 4JU <a href="mailto:plymouth-plympton@prcdtr.org.uk">plymouth-plympton@prcdtr.org.uk</a>	<b>Our Lady of Mount Carmel &amp; St. Teresa</b> Efford Plymouth PL3 6HA	<b>St. Austin's Priory</b> Cadleigh Ivybridge PL21 9HW <a href="mailto:ivybridge@prcdtr.org.uk">ivybridge@prcdtr.org.uk</a>	<b>St Monica's</b> Palm Cross Modbury PL21 0QN
 Find us on Facebook at 'Plymouth East RC Parishes' and 'Ivybridge Parish part of Plymouth East RC Parishes'			

### THIRD SUNDAY IN ORDINARY TIME - YEAR A – 25<sup>th</sup> January 2026

<b>Efford</b>	<b>Saturday 24<sup>th</sup> January</b>	<b>NO MASS</b>	
<b>Plympton</b>	<b>Sunday 25<sup>th</sup> January</b>	<b>9:00am</b>	Bernie Williams (RIP) People of the Parish
<b>Ivybridge</b>		<b>11:00am</b>	
<b>Plympton</b>	<b>Tuesday 27<sup>th</sup> January</b>	<b>NO MASS</b>	
<b>Ivybridge</b>	<b>Thursday 29<sup>th</sup> January</b>	<b>NO MASS</b>	
<b>Plympton</b>	<b>Friday 30<sup>th</sup> January</b>	<b>NO MASS</b>	
<b>Efford</b>	<b>Saturday 31<sup>st</sup> January</b>	<b>NO MASS</b>	
<b>Plympton</b>	<b>Sunday 1<sup>st</sup> February</b>	<b>9:00am</b>	Paul Bowen-Davies (RIP) People of the Parish
<b>Ivybridge</b>		<b>11:00am</b>	

**The Pope's Prayer Intention for January** – For prayer with the Word of God - Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

**ADORATION** for 30 minutes before weekday Mass. Join us for this opportunity to have quiet time with the Lord.

**CONFESSIONS** are available after weekday Mass, or by request.

**ROSARY** every Wednesday morning at 10.30am and evening at 7pm at Plympton.

**FAITH CHAT** Every Thursday after 10am Mass at Ivybridge

**For the sick** Please pray for the sick & housebound in our parishes and for those who are particularly poorly at this time. Please especially pray for Helen Furlong, Brian Nolan, Nicki McDougal, Alan Schaffert, and Mary Ripo who are unwell.

**For those who have died** Please pray for the repose of the souls of those who have died recently, especially Robert Tucker, Gwyn Derrick, Paddy Barrett, Peter York, Barbara Jackman, Paul Watson, Maggie Langmaid, Paul Bowen-Davies and Jo Cotter, and for those whose anniversaries occur at this time: Stjean Kasaic, Michael Simpson, Pamela Ingles, Margaret McCarthy, Henry Burrow, Winter Dixon, Gary Froggatt, Paul Barrett, Michael Hogan, Bartram Tickle, Virginia Morgan-Evans, Hugh Furlong.

**Welcome Fr. Paul** We welcome Fr. Paul Andrew today and thank him for covering Mass in Plympton and Ivybridge while Fr. Victor is away.

**White Flower Appeal 2026** The Society for the Protection of Unborn Children (SPUC) will be holding its annual appeal This weekend. SPUC exists to transform culture so that abortion is not only abolished but becomes unthinkable. The Society is actively leading the fight in courts, classrooms and culture to achieve this mission. Through these efforts we will restore a respect for the sanctity of human life from conception until natural death. Please keep a look out for the appeal postcards at the back of the church on appeal weekend.

**Medjugorje Pilgrimage** Our Lady of Lourdes Pilgrimage to Medjugorje. Bristol to Split Thursday 1st to Thursday 8th of October. £785pp sharing £150 single supplement. Half-board, fully guided Pilgrimage with Marian Pilgrimages.

**First Holy Communion and Confirmation** If your child is over the age of 7 and would like to make their First Holy Communion, or they would like to be Confirmed, please contact the parish office.

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*Fr. Victor will be away during January and the beginning of February. There will be no weekday Masses in any of our parishes during this time. There will so be no Saturday Vigil Mass at Efford. Sunday Mass will be covered by Fr. Paul Andrew at Plympton and Ivybridge, and we thank Fr. Paul for his help.*

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## **PLYMPTON**

**Thanks from Plympton Food Bank** During December we fed a record monthly total of 207 people including 85 children, which took our total for 2025 as a whole to 1,398 people, 573 of whom were children. Thanks to the generosity of people and organisations like you we were also able to provide some Christmas extras, that many of us take for granted, to 81 households. **We gratefully acknowledge your donation weighing 39.60kg in December.** None of the work we do would be possible without people like you who continue to donate food, money or other resources to support those who are struggling in Plympton and the surrounding area. Thank you so much for your donation and ongoing support. Philip Smith, FoodBank Co-ordinator

**Free Newspaper** Along with the Catholic South West newspaper which is 50p to buy from the back of the church we have also been sent a few copies of The Catholic Post to give away. These are at the back of the church and are free of charge – please do take one if you're struggling for something to read this week.

## **IVYBRIDGE**

**Parish Social Evening Film Night** Saturday 7th February from 5.00pm. Entry £2 which entitles you to refreshments and there will be popcorn! Please give your names and entry fee to Angela or Thomas. Hope to see lots of you there.

**Big Orange Box** The Big Orange Box for the Catholic Children's Society, Plymouth, is now relocated to the Parish rooms. Please put your donations there or give them to Hazel if they are too large for the box. We will accept anything for the Catholic Children's Society (Plymouth). If not suitable they will go to a local charity shop.

**Priory Re-decoration Fund** There is a section on the cashless giving point for donations to support the re-decoration of the priory. If you would like to donate you can use the re-decoration section on the cashless giving point, or donate in cash or by cheque – if donating by cash/cheque please ensure you place your donation in an envelope marked clearly as "re-decoration fund"

**Lenten Lunch** Ivybridge CWL Lenten Lunch will be on Saturday 21<sup>st</sup> March 2026. More details to follow.

## **NEWS FROM ACROSS THE DIOCESE**

**Dilexi Te - The Burning Heart of the Church's Mission: day of reflection** 21 February 2026, 11am-4pm, Buckfast Abbey Conference Centre *With Bishop Nicholas Hudson opening the day and closing with Mass.* Join Caritas and CAFOD this Lent for a diocesan day to reflect on Pope Leo XIV's powerful Apostolic Exhortation Dilexi Te, which calls us to return to the Gospel and reminds us that love of the poorest of our sisters and brothers is part of the "burning heart of the Church's mission". Email: [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk) to register.

**GATHER Conference** 20th-22nd March at Livermead Cliff Hotel, Torquay. This year's theme is 'I will put my spirit within you, and you shall live' and our speakers include Avril Baigent (School for Synodality) and Fleur Dorrell (The God who Speaks). We are delighted that we will also be joined by Bishop Nicholas as we journey together synodally - we'd love you to join us too! Booking forms are available from the parish office or by emailing [plymouthgather@yahoo.com](mailto:plymouthgather@yahoo.com)

[www.plymeastrcchurches.org](http://www.plymeastrcchurches.org)

[www.staustinsivybridge.co.uk](http://www.staustinsivybridge.co.uk)

Priest- in- charge: **Fr Victor Agbaka**

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Ivybridge: Teresa Cussen [teresa.cussen@hotmail.com](mailto:teresa.cussen@hotmail.com) Modbury: Christina Stapley [stapleytorre.c@gmail.com](mailto:stapleytorre.c@gmail.com)

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