

## PLYMOUTH EAST ROMAN CATHOLIC PARISHES

Part of the Plymouth Diocesan Trust (Registered Charity No.213227)

<b>Our Lady of Lourdes</b> 17 Vicarage Road Plympton Plymouth PL7 4JU <a href="mailto:plymouth-plympton@prcdtr.org.uk">plymouth-plympton@prcdtr.org.uk</a>	<b>Our Lady of Mount Carmel &amp; St. Teresa</b> Efford Plymouth PL3 6HA	<b>St. Austin's Priory</b> Cadleigh Ivybridge PL21 9HW <a href="mailto:ivybridge@prcdtr.org.uk">ivybridge@prcdtr.org.uk</a>	<b>St Monica's</b> Palm Cross Modbury PL21 0QN
Find us on Facebook at 'Plymouth East RC Parishes' and 'Ivybridge Parish part of Plymouth East RC Parishes'			

### FOURTH SUNDAY IN ORDINARY TIME - YEAR A – 1<sup>st</sup> February 2026

Efford	Saturday 31 <sup>st</sup> January	<b>NO MASS</b>	
Plympton Ivybridge	Sunday 1 <sup>st</sup> February	9:00am 11:00am	Paul Bowen-Davies (RIP) People of the Parish
Plympton	Tuesday 3 <sup>rd</sup> February	<b>NO MASS</b>	
Ivybridge	Thursday 5 <sup>th</sup> February	<b>NO MASS</b>	
Plympton	Friday 6 <sup>th</sup> February	<b>NO MASS</b>	
Efford	Saturday 7 <sup>th</sup> February	5:00pm	-----
Plympton Ivybridge	Sunday 8 <sup>th</sup> February	9:00am 11:00am	The Souls in Purgatory -----

**The Pope's Prayer Intention for February** – For children with incurable diseases. Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

**ADORATION** for 30 minutes before weekday Mass. Join us for this opportunity to have quiet time with the Lord.

**CONFESSIONS** are available after weekday Mass, or by request.

**ROSARY** every Wednesday evening at 7pm at Plympton.

**FAITH CHAT** Every Thursday after 10am Mass at Ivybridge

**For the sick** Please pray for the sick & housebound in our parishes and for those who are particularly poorly at this time. Please especially pray for Helen Furlong, Brian Nolan, Nicki McDougal, Alan Schaffert, and Mary Ripo who are unwell.

**For those who have died** Please pray for the repose of the souls of those who have died recently, especially Robert Tucker, Gwyn Derrick, Paddy Barrett, Peter York, Barbara Jackman, Paul Watson, Maggie Langmaid, Paul Bowen-Davies and Jo Cotter, and for those whose anniversaries occur at this time: Catherine Nolan, Rafal Opalo, Kenneth Yates, Margaret Wilby, and Frank Kingwell.

**Welcome Fr. Paul** We welcome Fr. Paul Andrew today and thank him for covering Mass in Plympton and Ivybridge while Fr. Victor is away.

**Medjugorje Pilgrimage** Our Lady of Lourdes Pilgrimage to Medjugorje. Bristol to Split Thursday 1st to Thursday 8th of October. £785pp sharing £150 single supplement. Half-board, fully guided Pilgrimage with Marian Pilgrimages.

**First Holy Communion and Confirmation** If your child is over the age of 7 and would like to make their First Holy Communion, or they would like to be Confirmed, please contact the parish office.

**Lighthouse Worship** is a deanery prayer group that has been based in different parishes throughout the years. It has always been led by parishioners from Ivybridge and Efford and is now held monthly at Our Lady of Lourdes, Plympton. We would like to extend an invitation and warm welcome to all our parishioners to come and join us on **Thursday 5<sup>th</sup> February 2026 at 7pm**. The hour is a time of praise and worship, prayer, reflection on scripture and friendship.

## PLYMPTON

**CWL Meeting** We have our Catholic Women's League CWL Annual meeting next Tuesday in the Annexe. 10am coffee, 10.30 meeting.

**Collection Baskets** This month the collection baskets are collecting toiletries and baby items for Holy Cross and Baby Basics. Please see the sign next to the baskets to see what is needed.

## IVYBRIDGE

**CWL Notice** The CWL will meet in the Annex on Friday 6th February at 11 am. All are welcome. The monthly Produce Stall will be after Mass on Sunday 8th February.

**A BIG THANK YOU** to the anonymous person who is donating a dishwasher for the parish rooms. Our current one which has served us for many years but has now sadly died was also donated. Where would we be without volunteers and donations?

**Parish Social Evening Film Night** Saturday 7th February from 5.00pm. Entry £2 which entitles you to refreshments and there will be popcorn! Please give your names and entry fee to Angela or Thomas. Hope to see lots of you there.

**Priory Re-decoration Fund** There is a section on the cashless giving point for donations to support the re-decoration of the priory. If you would like to donate you can use the re-decoration section on the cashless giving point, or donate in cash or by cheque – if donating by cash/cheque please ensure you place your donation in an envelope marked clearly as “re-decoration fund”

**Lenten Lunch** Ivybridge CWL Lenten Lunch will be on Saturday 21<sup>st</sup> March 2026. More details to follow.

## NEWS FROM ACROSS THE DIOCESE

**Dilexi Te - The Burning Heart of the Church's Mission: day of reflection** 21 February 2026, 11am-4pm, Buckfast Abbey Conference Centre *With Bishop Nicholas Hudson opening the day and closing with Mass.* Join Caritas and CAFOD this Lent for a diocesan day to reflect on Pope Leo XIV's powerful Apostolic Exhortation *Dilexi Te*, which calls us to return to the Gospel and reminds us that love of the poorest of our sisters and brothers is part of the “burning heart of the Church's mission”. Email: [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk) to register.

**GATHER Conference** 20th-22nd March at Livermead Cliff Hotel, Torquay. This year's theme is 'I will put my spirit within you, and you shall live' and our speakers include Avril Baigent (School for Synodality) and Fleur Dorrell (The God who Speaks). We are delighted that we will also be joined by Bishop Nicholas as we journey together synodally - we'd love you to join us too! Booking forms are available from the parish office or by emailing [plymouthgather@yahoo.com](mailto:plymouthgather@yahoo.com)

**Society for the Protection of Unborn Children – SPUC Youth Conference** Are you 16 to 35 years old? Join us for a chance to engage with key figures in the pro-life movement and like-minded company at our largest gathering of young pro-lifers from across the country. We are on a mission to make abortion unthinkable, and the 2026 Youth Conference theme, *The Culture Awakens*, seeks to call each person to take a step towards this goal. Increase your pro-life knowledge, learn effective strategies for pro-life activity, hear pro-life testimonies and make new friends!  
**When:** Friday 27th February – Sunday 1st March 2026 **Where:** Yarnfield Park Training & Conference Centre, Stone, Staffordshire ST15 0NL **How much?** The weekend costs £150 which includes accommodation and all meals.  
**Sponsorship is available if necessary.** To register, or for further details, contact Katherine Hampton at: [katherinehampton@spuc.org.uk](mailto:katherinehampton@spuc.org.uk) or <https://spuc.org.uk/youthconference/>

[www.plymeastrcchurches.org](http://www.plymeastrcchurches.org)

[www.staustinsivybridge.co.uk](http://www.staustinsivybridge.co.uk)

Priest- in- charge: **Fr Victor Agbaka**

The Presbytery, 17 Vicarage Road, Plympton Plymouth, PL7 4JU. Tel: 01752 331288

Hospital Chaplain: Deacon Simon Fletcher 07854816523 [simon.fletcher@prcdtr.org.uk](mailto:simon.fletcher@prcdtr.org.uk)

Parish Safeguarding Reps: Plympton: Debbie Cowl [cowl518@btinternet.com](mailto:cowl518@btinternet.com) Efford: Felice Hopton

Ivybridge: Teresa Cussen [teresa.cussen@hotmail.com](mailto:teresa.cussen@hotmail.com) Modbury: Christina Stapley [stapleytorre.c@gmail.com](mailto:stapleytorre.c@gmail.com)

Diocesan Safeguarding Office St Boniface House, Ashburton. 01364 645430