

PLYMOUTH EAST ROMAN CATHOLIC PARISHES

Part of the Plymouth Diocesan Trust (Registered Charity No.213227)

Our Lady of Lourdes 17 Vicarage Road Plympton Plymouth PL7 4JU plymouth-plympton@prcdtr.org.uk	Our Lady of Mount Carmel & St. Teresa Efford Plymouth PL3 6HA	St. Austin's Priory Cadleigh Ivybridge PL21 9HW ivybridge@prcdtr.org.uk	St Monica's Palm Cross Modbury PL21 0QN
Find us on Facebook at 'Plymouth East RC Parishes' and 'Ivybridge Parish part of Plymouth East RC Parishes'			

FIFTH SUNDAY IN ORDINARY TIME - YEAR A – 8th February 2026

Efford	Saturday 7th February	5:00pm	The Repose of the Soul of Victor Bond and for the Spiritual and Temporal Welfare of Emily Bond – Foundation Mass
Plympton Ivybridge	Sunday 8th February	9:00am 11:00am	The Souls in Purgatory For the Sick and Housebound
Plympton	Tuesday 10th February	10:00am	Veronica Watson – Foundation Mass
Plympton	Tuesday 11th February Feast of Our Lady of Lourdes	7:00pm	Catherine Nolan (RIP)
Ivybridge	Thursday 11th February	10:00am	Helen Furlong (RIP)
Plympton	Friday 13th February	10:00am	Peter Martyr (RIP)
Efford	Saturday 14th February	5:00pm	-----
Plympton Ivybridge	Sunday 15th February	9:00am 11:00am	Dave Walton (RIP) -----

The Pope's Prayer Intention for February – For children with incurable diseases. Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

ADORATION for 30 minutes before weekday Mass. Join us for this opportunity to have quiet time with the Lord.

CONFESSIONS are available after weekday Mass, or by request.

ROSARY every Wednesday evening at 7pm at Plympton.

FAITH CHAT Every Thursday after 10am Mass at Ivybridge

For the sick Please pray for the sick & housebound in our parishes and for those who are particularly poorly at this time. Please especially pray for Brian Nolan, Nicki McDougal, Alan Schaffert, and Mary Ripo who are unwell.

For those who have died Please pray for the repose of the souls of those who have died recently, especially Helen Furlong, Robert Tucker, Gwyn Derrick, Paddy Barrett, Peter York, Barbara Jackman, Paul Watson, Maggie Langmaid, Paul Bowen-Davies and Jo Cotter, and for those whose anniversaries occur at this time: Catherine Nolan, Rafal Opalo, Kenneth Yates, Margaret Wilby, and Frank Kingwell.

Helen Furlong (RIP) We are sad to say that Helen Furlong has passed away. Please keep Helen and her family and friends in your prayers.

Medjugorje Pilgrimage Our Lady of Lourdes Pilgrimage to Medjugorje. Bristol to Split Thursday 1st to Thursday 8th of October. £785pp sharing £150 single supplement. Half-board, fully guided Pilgrimage with Marian Pilgrimages.

Welcome Back Fr. Victor Fr. Victor is back from his travels and the usual Mass times across the parishes are now resumed. Welcome back Father!

PLYMPTON

Feast of Our Lady of Lourdes All are welcome to join us in the annexe after Mass on the feast of Our Lady of Lourdes, Wednesday 11th February. Mass will be at 7pm. Please bring a plate of food to share.

SPUC White Flower Appeal Thank you all for your incredibly generous donations to the SPUC White Flower appeal. £440 was raised for the appeal between cash and card donations and every single penny is appreciated.

IVYBRIDGE

CWL Notice The monthly Produce Stall will be after Mass on Sunday 8th February.

Priory Re-decoration Fund There is a section on the cashless giving point for donations to support the re-decoration of the priory. If you would like to donate you can use the re-decoration section on the cashless giving point, or donate in cash or by cheque – if donating by cash/cheque please ensure you place your donation in an envelope marked clearly as “re-decoration fund”

Lenten Lunch Ivybridge CWL Lenten Lunch will be on Saturday 21st March 2026. More details to follow.

NEWS FROM ACROSS THE DIOCESE

Dilexi Te - The Burning Heart of the Church's Mission: *day of reflection* 21 February 2026, 11am-4pm, Buckfast Abbey Conference Centre *With Bishop Nicholas Hudson opening the day and closing with Mass.* Join Caritas and CAFOD this Lent for a diocesan day to reflect on Pope Leo XIV's powerful Apostolic Exhortation *Dilexi Te*, which calls us to return to the Gospel and reminds us that love of the poorest of our sisters and brothers is part of the “burning heart of the Church's mission”. Email: caritas@prcdtr.org.uk to register.

LENT RETREAT DAY ON SATURDAY, 21st FEBRUARY 2026 AT ST RITA'S CENTRE “THE SACRAMENT OF LIBERATION” led by Fr Robbie Low. The day will begin with coffee/tea on arrival at 9.30am. The first talk will start at 10am. The second talk will be at 11am. Adoration in silence (with an opportunity for Confession) will be at 12.00pm. Lunch will be served at 1pm. Holy Mass at 2.45pm. Depart at 3.30pm. The charge for the day, including lunch, is just £25.00. Application forms to register are at the back of the church. You can contact St Rita's Centre by phone at 01404 42635, by email at admin@stritascentre.org, or register online via our website: <https://www.stritascentre.org/events-retreats-1/lent-retreat-day-the-sacrament-of-liberation>. Payment can be made in advance or on the day.

GATHER Conference 20th-22nd March at Livermead Cliff Hotel, Torquay. This year's theme is 'I will put my spirit within you, and you shall live' and our speakers include Avril Baigent (School for Synodality) and Fleur Dorrell (The God who Speaks). We are delighted that we will also be joined by Bishop Nicholas as we journey together synodally - we'd love you to join us too! Booking forms are available from the parish office or by emailing plymouthgather@yahoo.com

Society for the Protection of Unborn Children – SPUC Youth Conference Are you 16 to 35 years old? Join us for a chance to engage with key figures in the pro-life movement and like-minded company at our largest gathering of young pro-lifers from across the country. We are on a mission to make abortion unthinkable, and the 2026 Youth Conference theme, The Culture Awakens, seeks to call each person to take a step towards this goal. Increase your pro-life knowledge, learn effective strategies for pro-life activity, hear pro-life testimonies and make new friends!
When: Friday 27th February – Sunday 1st March 2026 **Where:** Yarnfield Park Training & Conference Centre, Stone, Staffordshire ST15 0NL **How much?** The weekend costs £150 which includes accommodation and all meals.
Sponsorship is available if necessary. To register, or for further details, contact Katherine Hampton at: katherinehampton@spuc.org.uk or <https://spuc.org.uk/youthconference/>

www.plymeastrcchurches.org

www.staustinsivybridge.co.uk

Priest- in- charge: **Fr Victor Agbaka**

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Hospital Chaplain: Deacon Simon Fletcher 07854816523 simon.fletcher@prcdtr.org.uk

Parish Safeguarding Reps: Plympton: Debbie Cowl cowl518@btinternet.com Efford: Felice Hopton

Ivybridge: Teresa Cussen teresa.cussen@hotmail.com Modbury: Christina Stapley stapleytorre.c@gmail.com

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