


PLYMOUTH EAST ROMAN CATHOLIC PARISHES

Part of the Plymouth Diocesan Trust (Registered Charity No.213227)

Our Lady of Lourdes 17 Vicarage Road Plympton Plymouth PL7 4JU plymouth-plympton@prcdtr.org.uk	Our Lady of Mount Carmel & St. Teresa Efford Plymouth PL3 6HA	St. Austin's Priory Cadleigh Ivybridge PL21 9HW ivybridge@prcdtr.org.uk	St Monica's Palm Cross Modbury PL21 0QN
 Find us on Facebook at 'Plymouth East RC Parishes' and 'Ivybridge Parish part of Plymouth East RC Parishes'			

FOURTH SUNDAY OF ADVENT - YEAR A – 21st December 2025

Efford	Saturday 27th December	5:00pm	Louise May and Edward Coleman (RIP)
Plympton	Sunday 28th December	9:00am	Ann Miller's Intention
Ivybridge		11:00am	Nigel John Gillard (RIP)
Plympton	Tuesday 23rd December	10:00am	Paul Bowen-Davies (RIP)
Efford	Wednesday 24th December	5:00pm	People of the Parish
Ivybridge	Vigil of the Nativity of the Lord	7:00pm	People of the Parish
Plympton	Thursday 25th December	10:00am	People of the Parish
	The Nativity of the Lord		
Plympton	Friday 26th December	10:00am	Mary and William Widdicombe's Intention
Efford	Saturday 27th December	5:00pm	Suzanne Fletcher's Intention
Plympton	Sunday 28th December	9:00am	Maureen Bowen-Davies' Intention
Ivybridge		11:00am	People of the Parish

The Pope's Prayer Intention for December – For Christians in areas of conflict – Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation, and hope.

ADORATION for 30 minutes before weekday Mass. Join us for this opportunity to have quiet time with the Lord.

CONFESSIONS are available after weekday Mass, or by request.

ROSARY every Wednesday morning at 10.30am and evening at 7pm at Plympton.

FAITH CHAT Every Thursday after 10am Mass at Ivybridge

BIBLE STUDY Every Monday at 11 am at the Priory. New members welcome.

For the sick

Please pray for the sick & housebound in our parishes and for those who are particularly poorly at this time. Please especially pray for Helen Furlong, Brian Nolan, Nicki McDougal, Alan Schaffert, and Mary Ripo who are unwell.

For those who have died Please pray for the repose of the souls of those who have died recently, especially Paddy Barrett, Peter York, Barbara Jackman, Paul Watson, Maggie Langmaid, Paul Bowen-Davies and Jo Cotter, and for those whose anniversaries occur at this time: Bernard Tonkin, Margaret Campion, Peter Cahill, Susan Williams, Christine Anne Blackler, Margaret Hamlet, Margaret Bullock, Margaret Miles and Brian Ilbrey.

Date for diary we are hosting a **Safeguarding training event** on Saturday 17th January in Our Lady of Lourdes Church Annexe from 10am-15:30pm, with a break for lunch. This will cover safeguarding for both children and adults. Everyone in the parish is welcome to come along. All volunteers are encouraged to attend. This face to face training will fulfil the training requirement that is now stipulated to have been completed before commencing /continuing a role with vulnerable groups. The alternative option is completing an online safeguarding training module. Everyone is welcome to attend whether you are a volunteer or not. Please bring along a packed lunch to eat, refreshments will be provided.

Cathedral Carol Service Nine lessons and carols at the Cathedral this afternoon (Sunday 21st December) at 3.00pm. A Celebration of the coming of the Messiah and the Incarnation, including all the best loved carols.

Lighthouse Worship Lighthouse Worship is a deanery prayer group that has been based in different parishes throughout the years. It has always been led by parishioners from Ivybridge and Efford and is now held monthly at Our Lady of Lourdes, Plympton. We would like to extend an invitation and warm welcome to all our parishioners to come and join us on **Thursday 8 January 2026 at 7pm**. The hour is a time of praise and worship, prayer, reflection on scripture and friendship.

SPUC - Abortion up to Birth Bill and Assisted Suicide Bill. Both of these Bills are currently being scrutinised and debated in the House of Lords. Thank you if you have already written to some Peers but, we need you to keep up the pressure and continue writing. This is because the Government has now allocated another 10 days for debate, ending on the 24 April, to deal with the 1071 Amendments tabled for the **Leadbeater Assisted Suicide Bill**. The **Abortion up to Birth Bill** will be debated on 27th January. Amendments have been tabled to remove the Bill and end the pills by post policy. We now have more time to lobby members of the House of Lords. The following links will take you to the SPUC website where you can read information regarding each Bill and the webtool by which to contact Peers. A Peer will be generated for you to write to, and it will bring up an editable template letter: <https://spuc.org.uk/campaign/abortiondecriminalisation/> and <https://spuc.org.uk/campaign/assistedsuicideuk/> For further information or hard copies of lists of Peers and briefings, contact Christine Hudson: 07742320717

Fr. Victor will be away during January and the beginning of February. There will be no weekday Masses in any of our parishes during this time. There will so be no Saturday Vigil Mass at Efford. Sunday Mass will be covered by Fr. Paul Andrew at Plympton and Ivybridge, and we thank Fr. Paul for his help.

The office will close on 22nd December for the duration of the Christmas period and will re-open on Friday 2nd January from 9am-12midday. After 2nd January normal opening hours will resume.

PLYMPTON

Patrick "Paddy" Barrett (RIP) Paddy Barrett, who was a member of our parish for many years, sadly passed away on 9th December. Please keep Paddy and his family in your prayers.

Charity "Christmas Card" List There is a list at the back of the church, which you can write your name on to wish everyone a Merry Christmas if you are intending to make a donation to charity in lieu of sending cards this year.

IVYBRIDGE

Christmas Cards please deposit/collect your cards from the carousel in the parish room. To avoid us having to throw the card away, please make sure you only leave them for people you know will be attending Mass.

Used Postage Stamps Don't forget to keep them and deposit them in the big orange box in the parish room for CCSP. Every little helps!

Christmas Donations If you are a gift aider please write your surname on the back of the envelope.

Lost Property We have five jackets in lost property. If you are missing a garment, please taken a look to see if one of them belongs to you!

www.plymeastrcchurches.org
www.staustinsivybridge.co.uk

Priest- in- charge: **Fr Victor Agbaka**

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