


## PLYMOUTH EAST ROMAN CATHOLIC PARISHES

Part of the Plymouth Diocesan Trust (Registered Charity No.213227)

<b>Our Lady of Lourdes</b> <b>17 Vicarage Road</b> <b>Plympton</b> <b>Plymouth PL7 4JU</b> <a href="mailto:plymouth-plympton@prcdtr.org.uk">plymouth-plympton@prcdtr.org.uk</a>	<b>Our Lady of Mount Carmel &amp; St. Teresa Efford</b> <b>Plymouth PL3 6HA</b>	<b>St. Austin's Priory</b> <b>Cadleigh</b> <b>Ivybridge</b> <b>PL21 9HW</b> <a href="mailto:ivybridge@prcdtr.org.uk">ivybridge@prcdtr.org.uk</a>	<b>St Monica's</b> <b>Palm Cross</b> <b>Modbury</b> <b>PL21 0QN</b>
 Find us on Facebook at 'Plymouth East RC Parishes' and 'Ivybridge Parish part of Plymouth East RC Parishes'			

### HOLY FAMILY - YEAR A – 28<sup>th</sup> December 2025

<b>Efford</b>	<b>Saturday 27<sup>th</sup> December</b>	<b>5:00pm</b>	Suzanne Fletcher's Intention
<b>Plympton</b>	<b>Sunday 28<sup>th</sup> December</b>	<b>9:00am</b>	Maureen Bowen-Davies' Intention
<b>Ivybridge</b>		<b>11:00am</b>	People of the Parish
<b>Plympton</b>	<b>Tuesday 30<sup>th</sup> December</b>	<b>10:00am</b>	Private Intention
<b>Plympton</b>	<b>Wednesday 31<sup>st</sup> December</b>	<b>10:00am</b>	For the Sick and Housebound
<b>Ivybridge</b>	<b>Thursday 1<sup>st</sup> January</b> <b>Mary Mother of God</b>	<b>10:00am</b>	For God's Protection on all our Parishioners
<b>Plympton</b>	<b>Friday 2<sup>nd</sup> January</b>	<b>10:00am</b>	Shane Dalley's Intention
<b>Efford</b>	<b>Saturday 3<sup>rd</sup> January</b>	<b>5:00pm</b>	Private Intention
<b>Plympton</b>	<b>Sunday 4<sup>th</sup> January</b>	<b>9:00am</b>	Andrew Stanley (RIP) and John Bouchard (RIP)
<b>Ivybridge</b>		<b>11:00am</b>	Private Intention

**The Pope's Prayer Intention for January** – For prayer with the Word of God - Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

**ADORATION** for 30 minutes before weekday Mass. Join us for this opportunity to have quiet time with the Lord.

**CONFESSIONS** are available after weekday Mass, or by request.

**ROSARY** every Wednesday morning at 10.30am and evening at 7pm at Plympton.

**FAITH CHAT** Every Thursday after 10am Mass at Ivybridge

**BIBLE STUDY** Every Monday at 11 am at the Priory. New members welcome.

#### **For the sick**

Please pray for the sick & housebound in our parishes and for those who are particularly poorly at this time. Please especially pray for Helen Furlong, Brian Nolan, Nicki McDougal, Alan Schaffert, and Mary Ripo who are unwell.

**For those who have died** Please pray for the repose of the souls of those who have died recently, especially PaDDY Barrett, Peter York, Barbara Jackman, Paul Watson, Maggie Langmaid, Paul Bowen-Davies and Jo Cotter, and for those whose anniversaries occur at this time: Bernard Tonkin, Margaret Campion, Peter Cahill, Susan Williams, Christine Anne Blackler, Margaret Hamlet, Margaret Bullock, Margaret Miles and Brian Ilbrey.

**Date for diary** we are hosting a **Safeguarding training event** on Saturday 17<sup>th</sup> January in Our Lady of Lourdes Church Annexe from 10am-15:30pm, with a break for lunch. This will cover safeguarding for both children and adults. Everyone in the parish is welcome to come along. All volunteers are encouraged to attend. This face to face training will fulfil the training requirement that is now stipulated to have been completed before commencing /continuing a role with vulnerable groups. The alternative option is completing an online safeguarding training module. Everyone is welcome to attend whether you are a volunteer or not. Please bring along a packed lunch to eat, refreshments will be provided.

**Thank you** Father Victor would like to thank everyone for the gifts and cards he has received over the Christmas period.

**Lighthouse Worship** Lighthouse Worship is a deanery prayer group that has been based in different parishes throughout the years. It has always been led by parishioners from Ivybridge and Efford and is now held monthly at Our Lady of Lourdes, Plympton. We would like to extend an invitation and warm welcome to all our parishioners to come and join us on **Thursday 8 January 2026 at 7pm**. The hour is a time of praise and worship, prayer, reflection on scripture and friendship.

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*Fr. Victor will be away during January and the beginning of February. There will be no weekday Masses in any of our parishes during this time. There will so be no Saturday Vigil Mass at Efford. Sunday Mass will be covered by Fr. Paul Andrew at Plympton and Ivybridge, and we thank Fr. Paul for his help.*

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*The office will close on 22<sup>nd</sup> December for the duration of the Christmas period and will re-open on Friday 2<sup>nd</sup> January from 9am-12midday. After 2<sup>nd</sup> January normal opening hours will resume.*

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### **PLYMPTON**

**CAFOD** Just a quick update on the funds raised for CAFOD recently. Harvest Family Fast Day, Maria's Marathon Quiz night and the pre-loved clothes sale brought in an impressive £679.19. In addition, The Catholic Women's League, following their mince pie and coffee morning, very kindly gave a donation of £50 for Gaza - all of which amounts to a very healthy £729.19. Thank you to each and every one of you who supported these events, either by helping out or through your donations, so that we support CAFOD in its work to provide a fairer world for all. Nuala and Sue

### **IVYBRIDGE**

**Used Postage Stamps** Don't forget to keep them and deposit them in the big orange box in the parish room for CCSP. Every little helps!

**Lost Property** We have five jackets in lost property. If you are missing a garment, please taken a look to see if one of them belongs to you!

### **NEWS FROM ACROSS THE DIOCESE**

**Teens residential** 23rd - 25<sup>th</sup> January 2026, Est Shallowford Farm, Dartmoor. The 2026 teens residential (for ages 13-17) are invited to explore lives of people holding refugee and asylum seekers status in the UK. There is time to question refugees and asylum seekers to hear why they left their homes to seek asylum. Once listening to the stories there is a chance for young people to form their own opinion and decide what action they would like to do. This event cost £50pp. To book: For further information: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

**Dilexi Te – The Burning Heart of the Church's Mission** A day of reflection with Bishop Nicholas Hudson 21 February 2026, 11am-4pm, Buckfast Abbey Conference Centre. Join Caritas and CAFOD this Lent for a diocesan day to reflect on Pope Leo XIV's powerful Apostolic Exhortation Dilexi Te, which calls us to return to the Gospel and reminds us that love of the poorest of our sisters and brothers is part of the "burning heart of the Church's mission". Hear from our inspirational Speakers: Rt Rev Nicholas Hudson, Bishop of Plymouth; Christine Allen, CAFOD Director; Raymond Friel OBE, CSAN Chief Executive Officer; Fr. Richard Finn OP, University of Oxford. Email to register: [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk)

[www.plymeastrcchurches.org](http://www.plymeastrcchurches.org)

[www.staustinsivybridge.co.uk](http://www.staustinsivybridge.co.uk)

Priest- in- charge: **Fr Victor Agbaka**

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Parish Safeguarding Reps: Plympton: Debbie Cowl [cowl518@btinternet.com](mailto:cowl518@btinternet.com) Efford: Felice Hopton

Ivybridge: Teresa Cussen [teresa.cussen@hotmail.com](mailto:teresa.cussen@hotmail.com) Modbury: Christina Stapley [stapleytorre.c@gmail.com](mailto:stapleytorre.c@gmail.com)

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